



7<sup>TH</sup> INFANTRY BRIGADE AND HEADQUARTERS EAST

# Training and development activities for organisations

## G9 Engagement Team





# Introduction

In the army, our people are our greatest asset. We make life-critical decisions; we take purposeful action; and we can be tested to the limits of human endurance. Our training and experiences make us who we are.

As an engagement team we want to share our learning and experiences with those in our communities. We work with schools, colleges, universities, business and community organisations to help people connect and work together more effectively.

Our objectives are simple. We want the people we engage with to:

- discover something about themselves, and those they interact with
- learn from practical experiences and real-life stories
- put into practice the learning gained
- have fun, creating memories that will last

It is also important for us to demystify ideas and preconceptions that people may have about the army and how we work.

We offer a board range of experiences, including tailoring made activities and events to suit your needs. We regularly review and critique our content for currency, quality and execution so that all participants can maximum the benefit they gain from their engagement with us.

All military staff and civil servants attending and delivering our events are registered and experienced STEM ambassadors with the appropriate Disclosure and Barring Service (DBS) clearance.

If you would like to book the 7th Infantry Brigade Engagement Team (BET) to deliver activities for you and your team, contact: [7X-G9-Engagement@mod.gov.uk](mailto:7X-G9-Engagement@mod.gov.uk)

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## Key skill development areas

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Our portfolio of physical and mental challenges aims to stretch and engage individuals and teams. We have a range of practical activities you can choose from, and we can create new ones to suite your specific circumstances. Our main skill development areas include:

- Communication
- Problem solving
- Teamwork
- Logical thinking
- Time management
- Coordination
- Leadership
- Planning
- Project management
- Resource management
- Social
- Listening
- Observation
- Memory

Our activities can also enhance maths skills, hand-eye coordination and manual dexterity. Some may require a level of physical fitness, so do talk to us about your requirements before booking.

We can also offer guest speaking assignments as well as life and employment skills sessions.

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## Safeguarding and participation

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The safety and wellbeing of all the people we are inspiring is at the centre of everything we do. Some activities include a low level of physical participation, and this is covered by a standard risk assessment (AF5010). On the day, including whilst engaging with the activity, a dynamic assessment is conducted to confirm any initial risks and to consider any change to circumstances or conditions that may affect the initial evaluation. Where required, any changes will be implemented to ensure the risk is brought within an acceptable tolerance.

We provide no wavier or disclaimer. Anyone can take part in our activities, regardless of ability. With this in mind, activities being chosen should be discussed fully prior to booking. Unless advised, it will be deemed that all are participants are capable of undertaking the activities agreed. If you feel any participant may have difficulty engaging, please let us know and we will endeavour to make activities as inclusive as possible. Visible and invisible disabilities will be accommodated wherever possible. Additional requests, such as specific dietary requirements, should also be advised in advance.

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## How we work

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We will work closely with you to develop and agree a programme that best suits the needs of your participants. At the start of each session, we explain the purpose of the event and the skills and experiences we bring. We engage participants quickly into practical and fun activities, and make sure any agreed key themes are referenced and followed throughout. Practical experiences are interwoven with mental challenges that can shift and change to add drama, ambiguity and volatility to situations. At the end of every session we review, recap and reflect, bringing together the learning gained from participants. We also actively encourage a commitment to putting learning into active practice.

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## Costs and engagement

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The Desert Rats Engagement Team cover 12 counties and are constantly in demand. When not on active duty, we are committed to working with and supporting our communities. **Our work with you will usually be free of charge.** If any costs do need to be covered, we will discuss these with you in advance.

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## How to book

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Scan for our contact details to make an enquiry or booking.

You can also get in touch by emailing:

[7X-G9-Engagement@mod.gov.uk](mailto:7X-G9-Engagement@mod.gov.uk)

Whilst we will always endeavour to meet your requirements, the Desert Rats Engagement Team are constantly in demand.

Please allow a minimum 3-month lead time.

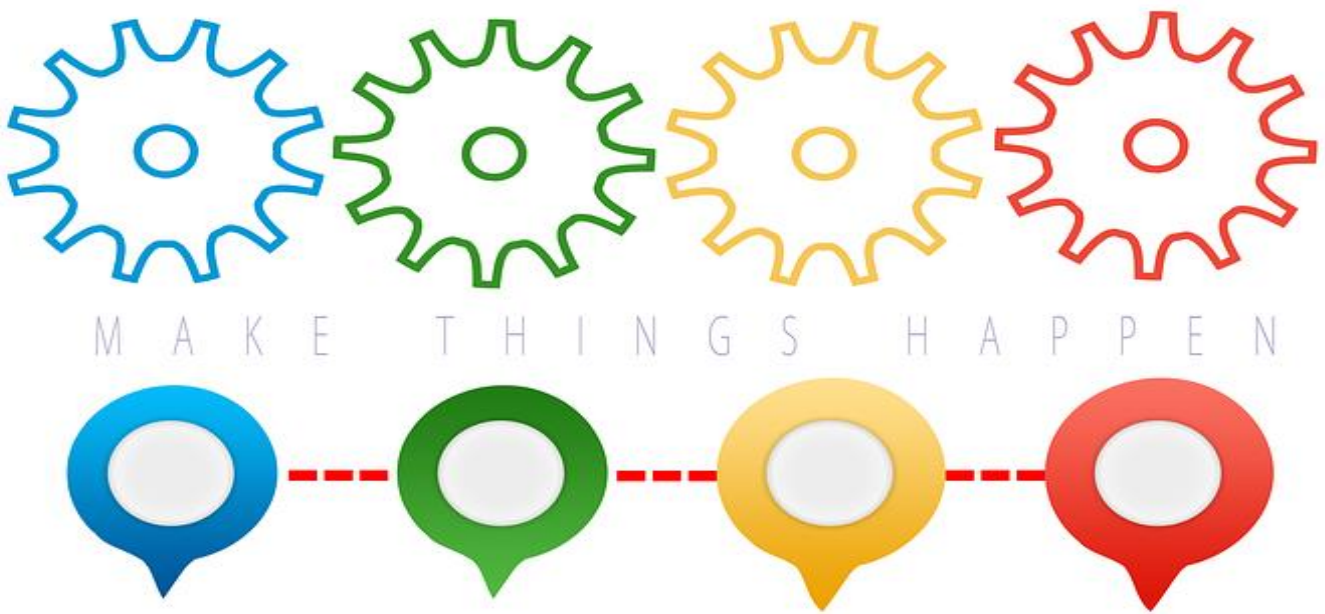




# Activities and exercises

We have a growing portfolio of activities and exercises that you can choose from, including new ideas we are introducing all the time. We can combine several activities around key themes that will align with the values and strategic goals of your organisation and/or team. Here is an example of the activities currently on offer:

Ref.	Activity	Communication	Problem solving	Teamwork	Logical thinking	Time management	Coordination	Leadership	Planning	Project management	Resource management	Social	Listening	Observation	Memory
1	Stepping stones	✓	✓	✓											
2	Tyre tower	✓	✓	✓											
3	Minefield	✓		✓			✓								
4	Air-drop		✓	✓	✓	✓	✓								
5	Camouflage net relay	✓		✓											
6	Leader Led activities		✓	✓	✓	✓	✓	✓							
7	Desert Rat challenge			✓	✓	✓	✓		✓			✓			
8	Tetrahedron challenge			✓	✓	✓			✓	✓		✓			
9	MTa STEM Kits	✓	✓	✓	✓	✓	✓								
10	Jungle map / circuit board			✓	✓	✓			✓						
11	Locked boxes	✓	✓	✓	✓	✓									
12	Sudoku			✓		✓									✓
13	Forensics	✓	✓										✓	✓	✓
14	Top trumps	✓	✓	✓	✓	✓									
15	Geography – in country brief			✓	✓	✓			✓	✓		✓			
16	BATAK® and Wire Buzzer game						✓							✓	
17	Spheroes®		✓		✓										
18	Downpour dilemma		✓	✓	✓	✓			✓	✓	✓	✓			



## Life and employment skills

We can also provide a range of activities to support the development of life and employment skills. Here is an example of the activities currently on offer:

- **Mock Interviews** - this activity emulates employment interviews to develop and prepare participants for the world of work.
- **Speed Networking** - a variety of employers are cross examined by (usually a small number of) participants on their industry expertise, professional backgrounds, routes into the industry, qualifications and skills required etc.
- **CV Workshops** - a session designed to help participants understand how to create a stand-out CV and covering letter.
- **Life Skills lessons**
  - Attitude
  - Taking responsibility - tardiness, appearance/bearing, attendance etc.
- **Leadership** - This can be delivered as a stand-alone activity or used in conjunction with other multi-event activities (see activity 006).
- **World of Work Day** - a series of small, bespoke activities delivered show-casing a few basic military skills. Typically this has included shelter (basha) building, military working dogs, kit exhibit, cooking in the field, and observation.



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